

SAFETY STATEMENT FOR CUSTOMISED BIOIDENTICAL HORMONE RESTORATION THERAPY (BHRT)

BHRT (Bioidentical Hormone Restoration Therapy) offers personalised solutions for treating hormone imbalances. Customisation (or the compounding) of hormones follows a prescription that is based on an individual patient's diagnosis, symptoms and blood hormone levels. Unlike conventional HRT which often uses synthetic hormones, BHRT exclusively uses 'bioidentical' (also referred to as body-identical) hormones. These have the same molecular structure as the body's naturally occurring hormones, which can make them more tolerable, as they fit the same hormone receptors as our natural (body) hormones.

The prescribing of BHRT is classed as 'off-licence' (also known as 'unlicensed'). This type of prescribing is common across many healthcare sectors, including paediatrics, clinical nutrition and oncology. Prescribing unlicensed medicines is a regulated practice that is recognised and guided by The Academy of Medical Royal Colleges, The Royal College of General Practitioners, The Royal College of Nursing and the Royal Pharmaceutical Society¹.

We use the same high quality, pharmaceutical-grade approved hormones that are used in licensed therapy, obtained from reputable suppliers from the UK, USA and Europe. These are then combined to meet individual patient needs in our state of the art UK pharmacy, which is regulated by the General Pharmaceutical Council (GPhC).

The resulting hormone combination is a named patient, prescription specific, quality assured extemporaneous medicine dispensed under supervision of a qualified pharmacist, as per section 10 of The Medicines Act 1968 and The Human Medicines Regulations 2012. The art of compounding is very personalised to an individual in comparison to licensed medicines that have been created for the use of a large population of people.

Specialist Pharmacy adheres to all pharmacy regulations and strictly follows specific GPhC guidance and standards for dispensing unlicensed medicines.

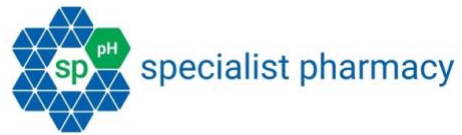
Each individual prescription is checked by a registered Specialist Compounding Pharmacist who will ensure that all the active and inactive pharmaceutical ingredients are all compatible with each other.

Our pharmacy compounders are all trained in Pharmaceutical Science and comply with Good Manufacturing Practice (GMP), which is an EU-wide industry standard and work under a Responsible Pharmacist

The preparation process is electronically tracked from beginning to end and every bespoke formulation is quality and accuracy checked against the prescriber's prescription before being delivered to the patient.

With every extemporaneously compounded medicine, dosing instructions are clearly stated on the dispensing label and an information leaflet is provided containing safety information for the patient.

¹ Prescribing Specials - Guidance for the prescribers of specials (2016) The Royal Pharmaceutical Society



Specialist Pharmacy the UK's first and No1 compounding pharmacy is registered with the General Pharmaceutical Council (9010630).